

## Hospital and VAVs

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Hello all Auxiliary members

First I want to say thank you for all you are doing for our Veterans. I have enjoyed all the pictures and different ideas that I have read that you are doing. This has been a very crazy month. Since we have been all put in quarantine it is a very good time to send out cards or call our Veterans and older members of the Post to see how they are doing or if they need any assistance. I am sure they would love to hear from someone.

Remember our priority goals:

- Promote **volunteerism** – always remember to ask others especially the new members to get involved. They may just be waiting to be asked. They may not know that they can help.
- Promote **Veterans Voices Writing Project**
- Promote **Veteran and Military Suicide Awareness and Prevention.. listen to our Veterans**
- The **Veterans Crisis Line** 1-800-273-8255

### SWAP Ideas

Activities to do

- Handmade pillows and bears that were made from clothing of a loved one that has passed and presented the item to the family.

Remember on the National website the awards that you can receive.

The form can be found on the National website under resources.

<https://vfwauxiliary.org>

Thank you again for all you do!

Gennie Pickens, Dept. IN Hosp. Chairman 2019 - 2020